



# Badger Day Camp

## Lunch Menu

Summer 2019



June 24	June 25	June 26	June 27	June 28
			<b>Pizza</b> Steamed peas & Carrots  Salad Bar  Sliced Watermelon	<b>Chicken Tenders</b> Buffalo Sauce Black Bean Burger Sweet Potato Fries Salad Bar  Chocolate Chip Cookies
<b>July 1</b>  <b>Baked Ziti</b> Steamed Broccoli Garlic Bread  Salad Bar  Quartered Oranges	<b>July 2</b>  <b>Taco Tuesday</b> Beef Taco Spanish Rice Roasted Corn  Salad Bar  Churro	<b>July 3</b> <i>July 4th BBQ</i>  <b>Badger Burgers</b> Black Bean Burger Corn on the Cob Chips  Salad Bar  Confetti Cake	<b>July 4</b>  <i>Happy Fourth of July</i>	<b>July 5</b>  <i>Happy Fourth of July</i>
<b>July 8</b>  <b>Baked Macaroni and Cheese</b> Roasted Broccoli  Salad Bar  Watermelon Slices	<b>July 9</b> <i>Taco Tuesday</i>  <b>Turkey Taco</b> Vegetarian Taco Assorted Toppings Spanish Brown Rice and Red Beans  Salad Bar  Honeydew Slices	<b>July 10</b>  <b>BBQ Chicken</b> Baked Beans Seasoned Fries  Salad Bar  Plum	<b>July 11</b> <i>Topsy Turvey Day</i>  <b>French Toast</b> Sausage Patties Tater Tots  Salad Bar  Cantaloupe Slices	<b>July 12</b> <i>Badger BBQ</i>  <b>Badger Burger</b> Whole Grain Wheat Bun Black Bean Burger Cucumber Salad  Salad Bar  Snickerdoodle Cookie

### Daily Menu Offerings

Plain Water, Citrus Infused Waterworks  
 Milk – Skim, 1% and Whole Milk  
 Local Grown Field Green Salad with House-Made dressings  
 Seasonal Fresh Fruit – Local When Available  
 Salad Bar to include Various Cheese, Hard Boiled Eggs, Yogurt, Legumes and Whole Grains.

### Alternative Daily Sandwiches

- 100% Whole Wheat Bagel with Low-Fat Cream Cheese
  - Roasted Turkey on 100% Whole Wheat Bread
  - Grilled Chicken on 100% Whole Grain Bun
  - American Cheese on 100% Whole Wheat Bread
- Sandwiches served with an array of toppings

**IF YOU HAVE A FOOD ALLERGY, PLEASE SPEAK TO THE CHEF MANAGER**



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Summer 2019



<b>July 15</b>	<b>July 16</b>	<b>July 17</b> <i>Hawaiian Day</i>	<b>July 18</b>	<b>July 19</b>
<b>Cheese Ravioli with Marinara</b> Broccoli Garlic Bread  Salad Bar  Cantaloupe	<b>Roasted Sliced Turkey, Pan Gravy Sweet Potato Fries</b>  Salad Bar  Honeydew	<b>GRILLED CHICKEN VEGGIE BURGER</b> Orzo with Sun Dried Tomato  Salad Bar  Pineapple	Meatball Wedge Green Beans  Salad Bar  <b>Italian Ice</b>	<b>GRILLED CHEESE</b> Oven Baked Fries Green Beans  Salad Bar  Brownie
<b>July 22</b>	<b>July 23</b> <i>Taco Tuesday</i>	<b>July 24</b>	<b>July 25</b>	<b>July 26</b> <i>Badger B.B.Q</i>
<b>PULLED PORK, WHOLE WHEAT BUN</b> Waffle Fries  Salad Bar  Watermelon	<b>CHEESE QUESADILLAS</b> Mexican Rice Broccoli  Salad Bar  Local Fruit	<b>Chicken Tenders</b> Caesar Salad  Salad Bar  Plum	<b>PIZZA</b> Roasted Summer Zucchini  Salad Bar  Cantaloupe	<b>BADGER BURGER</b> <b>CHEESE BURGER</b> <b>BLACK BEAN BURGER</b> Vegetarian Baked Beans Salad Bar  Devils Food Cake
<b>July 29</b>	<b>July 30</b>	<b>July 31</b>	<b>August 1</b>	<b>August 2</b> <i>Badger BBQ</i>
<b>Chicken Parmesan</b> Penne with Marinara  Salad Bar  Local Hand Fruit	<b>Beef Taco</b> Spanish Rice Chayote  Salad Bar  Banana	<b>Spaghetti, Marinara,</b> Turkey Meatballs Green Beans  Salad Bar  Local Fruit	<b>Stir Fry</b> <b>Brown Rice</b>  Salad Bar  Pineapple Slices	<b>GRILLED HOT DOGS</b> Macaroni Salad  Salad Bar  Chocolate Chip Cookie

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### Summer 2019



<p><b>August 5</b></p> <p><b>Sloppy Joe on a Bun</b> Steamed Green Beans</p> <p>Salad Bar</p> <p>Honeydew</p>	<p><b>August 6</b> <i>Taco Tuesday</i></p> <p><b>CHICKEN FAJITA</b> FLOUR TORTILLA Spanish Rice, Red Beans</p> <p>Salad Bar</p> <p>Banana</p>	<p><b>August 7</b> <i>Pirate Day</i></p> <p><b>MACARONI and CHEESE</b> Bean Medley Broccoli</p> <p>Salad Bar</p> <p>Cantaloupe Slices</p>	<p><b>August 8</b></p> <p><b>WHOLE GRAIN BAKED CHICKEN NUGGETS</b> Baked Fries Steamed Broccoli</p> <p>Salad Bar</p> <p>Plum</p>	<p><b>August 9</b></p> <p><b>PIZZA</b> Vegetable Medley</p> <p>Salad Bar</p> <p>Yellow Cake</p>
<p><b>August 12</b> <i>Badger Sandwich</i></p> <p><b>GRILLED CHICKEN</b> Caesar Salad</p> <p>Salad Bar</p> <p>Watermelon Slices</p>	<p><b>August 13</b> <i>Taco Tuesday</i></p> <p><b>TURKEY TACO</b> Spanish Rice Roasted Corn</p> <p>Salad Bar</p> <p>Cantaloupe</p>	<p><b>August 14</b></p> <p><b>Rigatoni with Sausage, Broccoli, Garlic and Oil</b> Vegetarian Option Available</p> <p>Salad Bar</p> <p>Honeydew</p>	<p><b>August 15</b></p> <p><b>GRILLED AMERICAN CHEESE</b> Baked Fries Roasted Zucchini</p> <p>Salad Bar</p> <p>Nectarine</p>	<p><b>August 16</b></p> <p><b>Chicken Patty Parmesan</b> Penne with Marinara Seasoned Peas</p> <p>Salad Bar</p> <p>Confetti Cake</p>
<p><b>August 19</b></p> <p>Baked Ziti Steamed Broccoli</p> <p>Salad Bar</p> <p>Quartered Oranges</p>	<p><b>August 20</b></p> <p><b>Sloppy Joe</b> on Whole Wheat Bun Veggie Burger Baked Fries</p> <p>Salad Bar</p> <p>Watermelon Slices</p>	<p><b>August 21</b></p> <p><b>Chicken Tenders</b> Buffalo Sauce Black Bean Burger Sweet Potato Fries</p> <p>Salad Bar</p> <p>Honeydew Slices</p>	<p><b>August 22</b></p> <p><b>PIZZA BAGELS</b> Steamed Green Bean</p> <p>Salad Bar</p> <p>Local Fruit</p>	<p><b>August 23</b> <i>Badger BBQ</i></p> <p><b>GRILLED HAMBURGER</b> GRILLED HOT DOG BLACK Bean BURGER Tomato Basil Salad Salad Bar</p> <p>Ice Cream Sunday</p>

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